

Aitkin County Board of Commissioners
Request for County Board Action/Agenda Item Cover Sheet



To: Chairperson, Aitkin County Board of Commissioners Date: 2-4-14

Via: Patrick Wussow, County Administrator

From: Patrick Wussow, County Administrator

Title of Item:

CARE Update

Requested Meeting Date: 2-11-14 Estimated Presentation Time: 25 min.

Presenter: Beth Leaf, Executive Director and Marilyn Ocepek, AEOA

Type of Action Requested (check all that apply)

- For info only, no action requested
- For discussion with possible action
- Let/Award Bid or Quote (attach copy of basic bid/quote specs or summary of complex specs, each bid/quote received & bid/quote comparison)
- Approve/adopt proposal by motion
- Authorize filling vacant staff position
- Request to schedule public hearing or sale
- Request by member of the public to be heard
- Item should be addressed in closed session under MN Statute _____
- Approve under Consent Agenda
- Adopt Ordinance Revision
- Approve/adopt proposal by resolution (attach draft resolution)
- Other (please list) _____

Fiscal Impact (check all that apply)

- Is this item in the current approved budget? Yes _____ No _____ (attach explanation)
- What type of expenditure is this? Operating Capital Other (attach explanation)
- Revenue line account # that funds this item is: _____
- Expenditure line account # for this item is: _____

Staffing Impact (Any yes answer requires a review by Human Resources Manager before going to the board)

- Duties of a department employee(s) may be materially affected. Yes No
- Applicable job description(s) may require revision. Yes No
- Item may impact a bargaining unit agreement or county work policy. Yes No
- Item may change the department's authorized staffing level. Yes No



Supporting Attachment(s)

- Memorandum Summary of Item
- Copy of applicable county policy and/or ordinance (excerpts acceptable)
- Copy of applicable state/federal statute/regulation (excerpts acceptable)
- Copy of applicable contract and/or agreement
- Original bid spec or quote request (excluding complex construction projects)
- Bids/quotes received (excluding complex construction projects, provide comparison worksheet)
- Bid/quote comparison worksheet
- Draft County Board resolution
- Plat approval check-list and supporting documents
- Copy of previous minutes related to this issue
- Other supporting document(s) (please list) _____

Provide (1) copy of supporting documentation NO LATER THAN Wednesday at Noon to make the Board's agenda for the following Tuesday. (If your packet contains colored copies, please provide (4) paper copies of supporting documentation as we do not have a color printer or copier.) Items WILL NOT be placed on the Board agenda unless complete documentation is provided for the Board packets.

From: Beth Leaf [<mailto:aitkincountycare@gmail.com>]
Sent: Friday, December 27, 2013 12:30 PM
To: patrick.wussow@co.aitkin.mn.us
Subject: CARE Information for County Board Meeting

Patrick:

Aitkin County CARE, Inc. would appreciate the opportunity to provide an update to the Commissioner's at an upcoming board meeting.

The topics covered would include:

- Status of CARE Initiatives through YE 2013
- Future service initiatives for 2014/2015
- Flood recovery wrap up

If possible, we would like 15 minutes on the agenda on February 11th or alternatively on January 28th.

Marilyn Ocepek, service provider with AEOA has also indicated an interest in providing more detailed information on the Meals on Wheels program. This would require an additional 10 minutes of time.

Thank you for your consideration of this request.

Best Regards,

Beth Leaf

Aitkin County CARE, Inc.
218-927-1383
877-810-7776 (toll free)
PO Box 212, Aitkin, MN 56431

Our Mission: To enhance and promote the independence, dignity, value, and well-being of older and disabled adults and those who care for them.



2013 Annual Report



Mission: To enhance and promote the independence, dignity, value and well-being of older and disabled adults and those who care for them.

Vision: To be the leader in providing innovative and quality services to older and disabled adults.

2013 Accomplishments & Impact

Providing Quality Senior Services

- Served 620 families during the year through 11 different programs; 41% increase over 2012
- Implemented chore, transportation and care consulting programs in 2012; funding through 2014 secured
- Implemented evidence-based programs: Matter of Balance and Powerful Tools for Caregivers
- Received the Charities Review Council "Seal of Approval"

Strengthening Caregiver Programs

- Provided 2623 hours of respite for 28 families; hospice respite program added.
- Provided an additional 21 caregivers and 24 individuals with care consulting services.
- Memory loss support group member participation grew 18% in Aitkin and McGregor; additional group in Aitkin for 2014
- Secured Class 245D licensure from the State of Minnesota; updated training and policies

Enhancing Community Collaboration

- Coordinated volunteer activities for flood relief efforts and participated in the Regional Long Term Recovery Committee
- Hosted "Bridges Out of Poverty" with Jodi Pfarr (100+ attendees)
- Paired 80 "Grand-Friends" with elementary students from McGregor and Aitkin

Board of Directors:

Ihleen Williams, President
William Pavlik, Vice President
Renee Larson, Treasurer
JoLynn Kullhem, Secretary
Dan Turner
Val Thompson
Laurie Westerlund
Sandi Reem

Staff Members:

Beth Leaf, Executive Director
Betty Jacobs, Program Coordinator
Tricia Martin, CARE Consultant
Callie Taylor, CARE Consultant
Respite Staff & Nursing Oversight
(7 part-time)

"CARE is committed to helping our seniors; providing high quality programs and caring, compassionate services..."

Ihleen Williams
Board Chair





How the Books Look...

Since obtaining its 501c3, CARE has developed a more diversified set of funding sources and increased community support. As programs experience growth and priorities are refined, the underlying fiscal health of the organization remains strong.

Financial Position 2013 *

Current Assets	
Cash	22,950
Money Market	25,005
Receivables	<u>2,603</u>
Total Assets	50,558

Current Liabilities & Equity	
Current Liabilities	405
Temp. Restricted Net Assets	1,500
Equity	37,485
Net Income	<u>11,168</u>
Total Equity & Liabilities	50,558

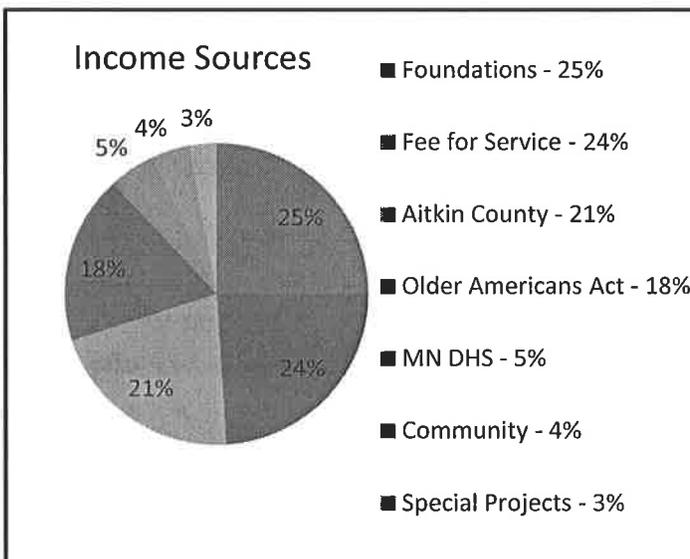
Statement of Income & Expense *

Support & Revenue	
Contributions, Gifts & Grants	147,272
Program Service Revenue	49,685
Fiscal Agent	3,500
Flood Relief	<u>2,105</u>
Total Support & Revenue	202,562

Expenses	
Program	(Est. 88%)
General Management	(Est. 7%)
Fundraising	(Est. 5%)
Total Expenses	191,394

Net Assets	
Beginning of Year	38,984
End of Year	<u>50,152</u>
Change in Net Assets	11,168

*Financial reporting and functional expense breakdown to be finalized with IRS 990EZ filing





Programs Offered:

- **NAPS** – A free food distribution program for income eligible seniors
- **Meals on Wheels**
 - Hot meals are delivered within the city of Aitkin
 - Frozen meal delivery throughout Aitkin County
- **Care for the Caregiver** – Trained respite workers provide in home respite services for caregivers
- **Memory Loss Support** – Monthly support groups are held for caregivers dealing with memory loss
- **Care Consulting** – Individualized care plans are developed for individuals and families needing assistance
- **ANGEL CARE** – Referral and assistance with light housekeeping, minor home maintenance and seasonal chores and transportation
- **Newspaper on Tape** – The Aitkin Independent Age is available on audio tape for people with visual disabilities
- **RSVP Bone Builders** – Trained volunteers lead exercise classes designed to help seniors build healthy bones and reduce the risk of falling
- **Care Education** – Evidence based educational programs designed to promote healthy living are provided to seniors
- **Grand-Friends** – Senior citizens provide a pen-pal relationship with an elementary student

Program & Funding Partners:

- Aitkin County
- ANGELS of McGregor
- ARDC Arrowhead Area Agency on Aging as a part of the Title III Older Americans Act
- Arrowhead Economic Opportunity Agency
- Lutheran Social Services
- Minnesota Department of Human Services
- Retired Senior Volunteer Program
- USDA Commodity Supplemental Food Program
- Local Business and Community Groups
- Otto Bremer Foundation
- Mille Lacs Energy Cooperative
- Northland Foundation
- Riverwood Foundation
- Faith and Community; Aitkin Lions, Bethesda Lutheran Church, Tamarack Snow Flyers, United Methodist Church, CARE Board & Staff and Individual Community Members

Thank you!





Looking Ahead to 2014...

☛ “Smart Growth”

- Strategic growth of existing programs; serving more clients with minimal overhead and infrastructure costs
- Survey client needs to identify service gaps and target additional collaborative opportunities; expanding services only where needs assessment dictate

☛ Program Excellence

- Focus on customer experience and well-being
- Value and reward volunteers
- Ensure compliance with 245D licensure & program policies
- Create efficiencies through technology
 - ✓ Case management system
 - ✓ Secure messaging

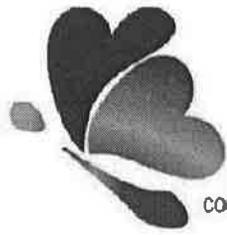
Client Feedback:

“CARE offers many services, all under one umbrella, which makes it much easier than when I was searching...Our community is so fortunate to have this organization...I am grateful.”



503 Minnesota Ave. North
P. O. Box 212
Aitkin, MN 56431
218.927.1383/877.810.7776
aitkincountycare@gmail.com
www.aitkincountycare.com





CARE

COORDINATING AREA RESOURCES EFFECTIVELY

Flood Recovery Summary:

- Partnered with local community groups and outside relief agencies for volunteer services and flood recovery efforts
- Acted as the liaison for the Regional Flood Recovery Committee (LTRC)
- Provided fiscal agency support for flood recovery funds donated from community groups and individuals
- Provided ongoing case management support for local recovery efforts
- Supported Camp Noah held at First Lutheran Church
- Coordinated recovery forums in McGregor and Aitkin designed to connect community members with support organizations
- Continuing to provide support for mental health grant provided through MN DHS

Statistics:

- 118 families received assistance from local funds (CARE)
 - 83 families received initial recovery assistance with sandbagging, muck out and clean up
 - 53 families received ongoing assistance and/or reconstruction
- 67 families received assistance from regional funds (LSS)
- 9 Quickstart Loans were granted in Aitkin - \$205,380
- Total assistance provided regionally - \$37M

