
After a Suicide Attempt

1 American Foundation for Suicide Prevention

Your journey of healing is one that many have survived. Your life matters.

After an attempt

2 SAMSHA

Substance Abuse and Mental Health Services Administration booklet.

After an attempt booklet

3 Youth.gov

The day after a youth's suicide attempt may feel like the hardest day of their life, which creates stress in addition to the factors leading to the attempt.

After a Suicide Attempt-
Caring for Youth

4 988 & Crisis LIFELINE

When someone you love attempts to take their life, it can evoke a range of strong emotions. During their crisis, your loved one may have perceived themselves as being completely alone, or a burden on you and the other who love them.

Attempt Survivors